



**LIC. MARÍA BELÉN
GONZALEZ MILBRANDT**

**"Want to improve your
team? First work on
yourself and change
your mindset."**

**SHARE
TO LEAD**

**3RD SHARE NATIONAL
CONVENTION FOR HEADS
OF ENGLISH AND
ADMINISTRATORS**

📍 Hotel Dazzler San Martín - San Martín, CABA.

4th & 5th October



SHARE EDUCATION



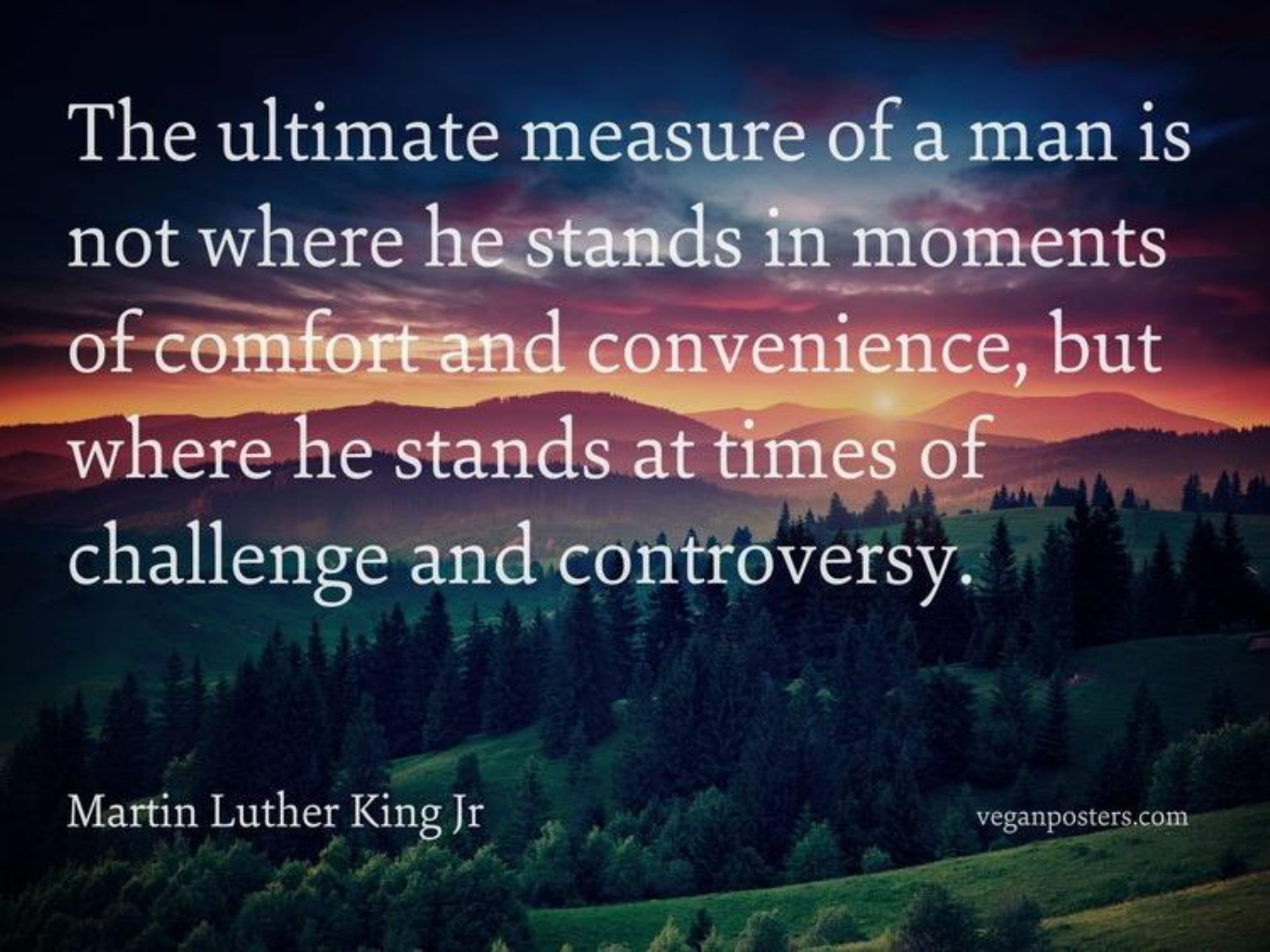
Pearson

Want to improve
your team? First
work on yourself
and change your
mindset!

Share to Lead 2019







The ultimate measure of a man is not where he stands in moments of comfort and convenience, but where he stands at times of challenge and controversy.

Martin Luther King Jr

veganposters.com



Pearson

Change your MINDSET

Collection of thoughts & beliefs that shape your habits. They affect the way you think, how you feel and the decisions you make.

A particular way of thinking : a person's attitude or set of opinions about something.





NEW
MINDSET



NEW
RESULT





© Mandy Barrow





What was my leadership mindset?...



Be yourself!



Who am I as a leader?



BE YOURSELF

ACCEPT YOURSELF

VALUE YOURSELF

FORGIVE YOURSELF

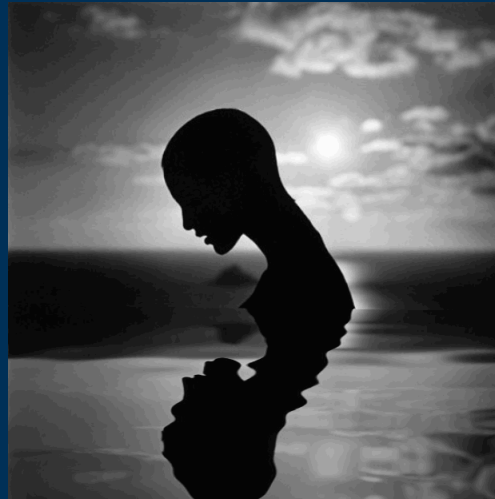
BLESS YOURSELF

EXPRESS YOURSELF

TRUST YOURSELF

LOVE YOURSELF

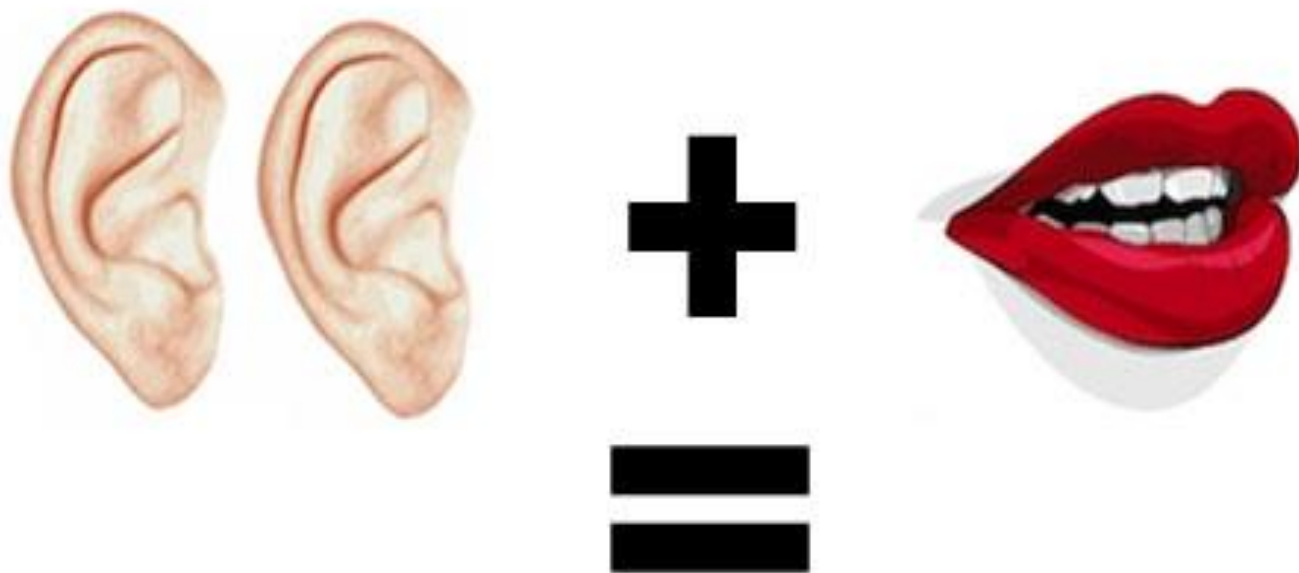
EMPOWER YOURSELF











LISTEN

**We have two ears and one mouth so that we can
listen twice as much as we speak.**

Epictetus





**TRUST ME
I'M ALWAYS
RIGHT**





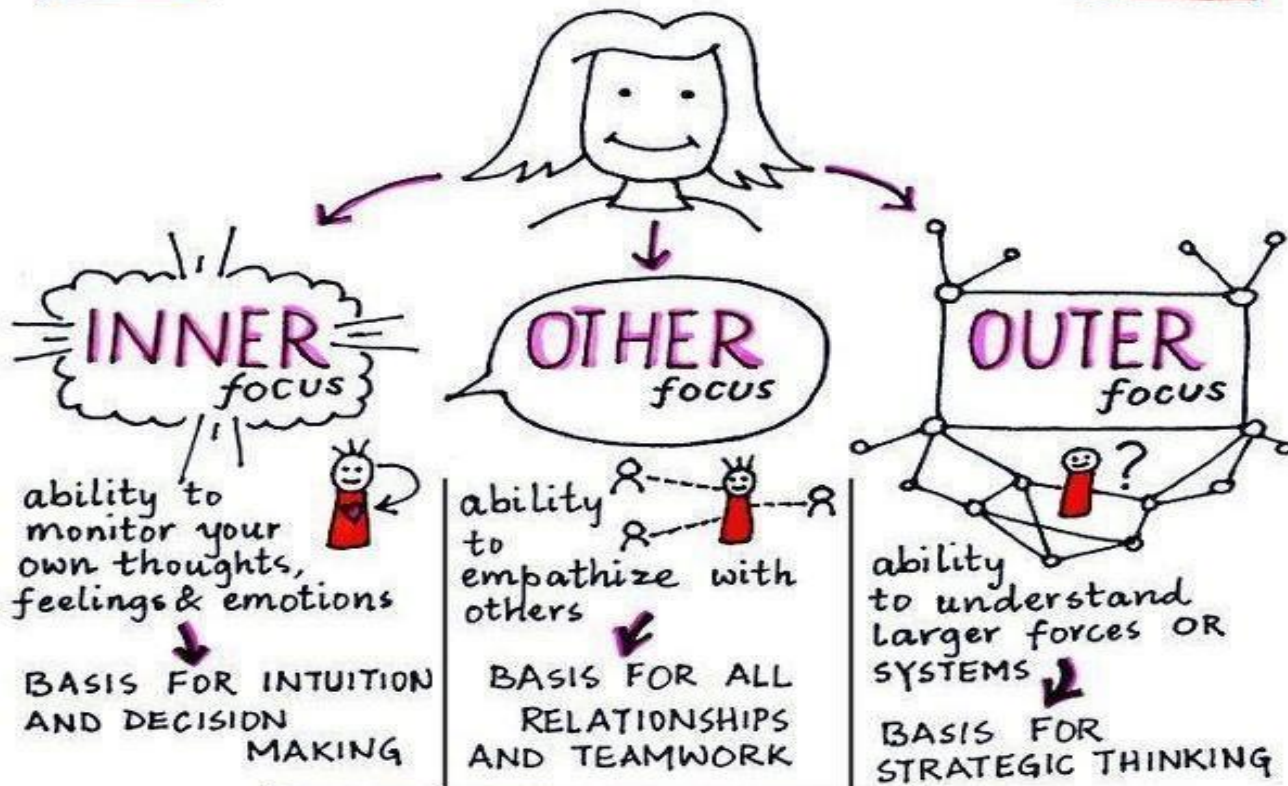


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LEADERS NEED THREE KINDS OF *focus*

Daniel Goleman, HBR



HOW TO IMPROVE?

To improve inner focus
PRACTICE MINDFULNESS

To improve other focus
ASK FOR FEEDBACK

To improve outer focus
SEEK GUIDANCE from someone whose abilities you admire







“A good leader is
like a candle,
it consumes itself
to light the way
for others,”

-Unknown-











TAKE CARE OF YOURSELF

CLOUDY THIRSTING



If I only had an hour
to chop down a tree,
I would spend the
first 45 minutes
sharpening my axe.

Abraham Lincoln



Wranglerstar.com

HABIT 7

Sharpen the Saw

BODY

Physical Dimension

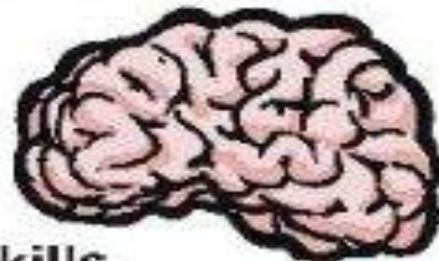
- Exercise
- Eat Healthy
- Sleep | Rest
- Relaxation



MIND

Mental Dimension

- Read
- Educate
- Write
- Learn new skills



HEART

Emotional Dimension

- Build Relationships
- Give Service
- Laugh | Love



SOUL

Spiritual Dimension

- Meditate
- Keep a Journal
- Pray
- Take in Quality Media



FranklinCovey.



How are you planning to sharpen your saw in order to become a better leader, to serve yourself in order to serve others?

My resolutions 2019 ...

“OUR DEEPEST FEAR IS NOT

THAT WE ARE INADEQUATE.

OUR DEEPEST FEAR IS THAT WE ARE POWERFUL BEYOND MEASURE.

We ask ourselves, Who am I to be

BRILLIANT, GORGEOUS, TALENTED, and FABULOUS?

Actually, who are you not to be?

Your playing small does not serve the world.

We are all meant to shine, as children do.

And as we let our own LIGHT shine,

we unconsciously give others permission to do the same.

-Marianne Williamson

”



UNLEASH
YOUR
SHINE!

We Can Do It!







THANKS



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ALWAYS LEARNING