

XIV CONGRESO NACIONAL DE DESARROLLO PROFESIONAL
PARA PROFESORES DE INGLÉS

HOW TO...?

THE PRACTICAL SIDE OF ELT.

1ST & 2ND AUGUST 2019

ORGANIZED BY



SHARE EDUCATION



How to Foster a Caring Classroom Atmosphere

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A Caring Classroom Atmosphere

- Where do I come from as a teacher?
- Where does the student come from?
- Co-creating cultures of peace and caring

- *Discipline or tenderness?*
- *I see you.*
- *Prepare for the world or create a new world?*

WELCOME TO....

**The
Universe
of the
OBYIOUS**

Teachers need to be aware
of all motives of violence
and be able to make
conflict resolutions.

The Forum was
established by the Third
Summit of Heads of State
and Government of the
Council of
Europe (Warsaw, May
2005), to strengthen
democracy, political
freedoms and citizens'
participation.

European School Charter

https://www.coe.int/t/dgap/forum-democracy/Activities/Previous%20Projects/EuropeanSchoolCharter/02_School%20Charter%20report%20E%20fin_en.asp

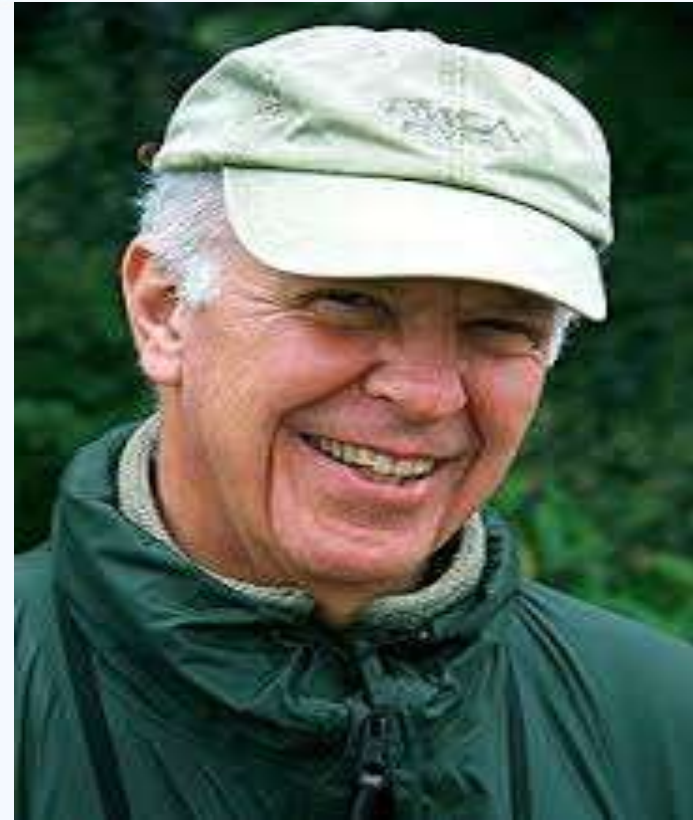
www.lauraszmuch.com.ar

Schools and teachers are urged to better prepare our children for an increasingly uncertain world.

But, how do we better prepare teachers for this task?

Typically, educational reform focuses on improving the curriculum and re-organizing schools. Yet while curriculum and re-organization are important, both solid research and common sense affirm that what a teacher knows and how a teacher makes human connections are the most dramatic influences on why students learn.

Parker Palmer
Author of "The Courage to Teach"



Teachers are a great resource for PEACE.

How do we unlock our power?

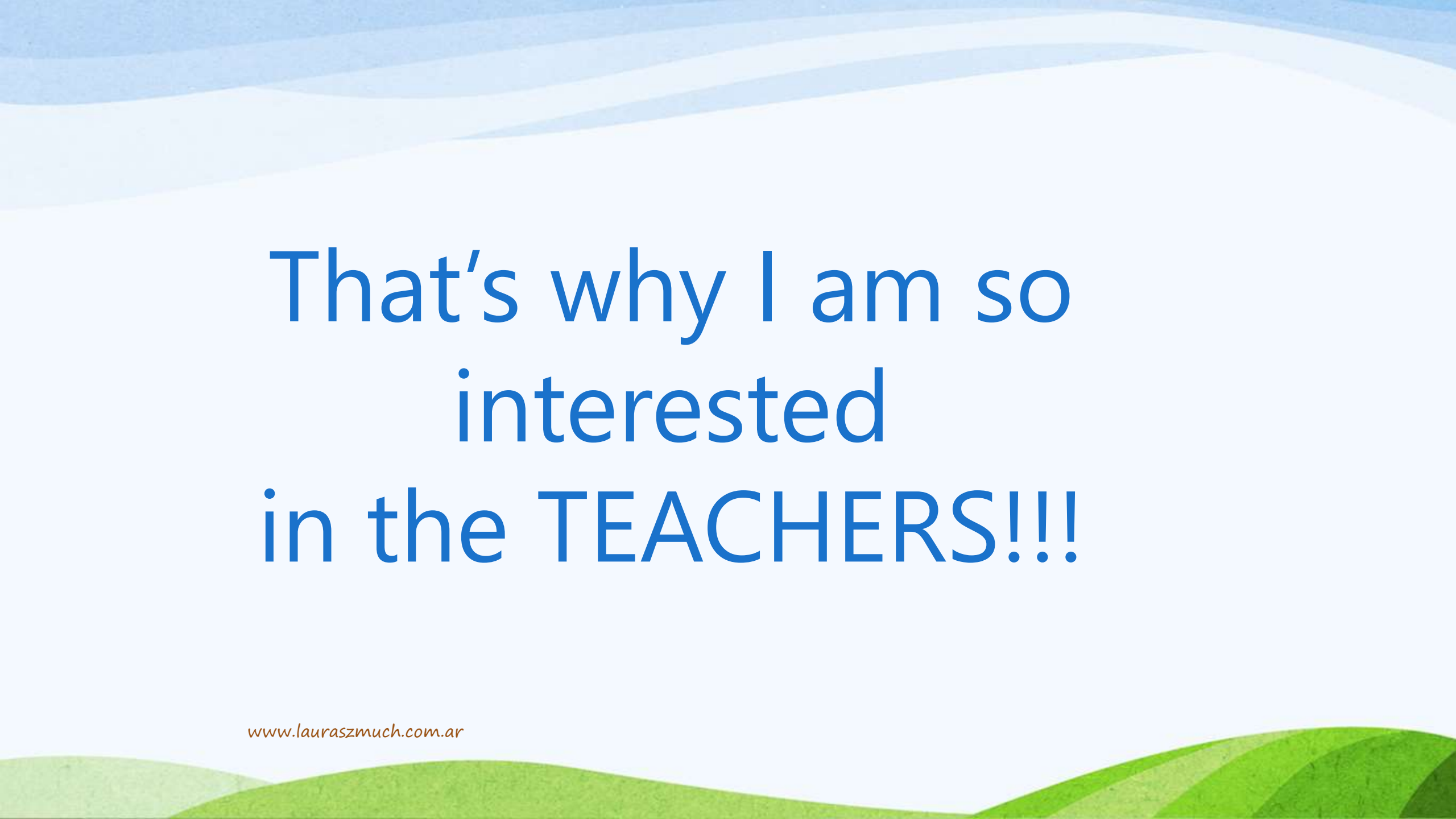
How do we install the software of Peace Building?

How do we make a shift in consciousness?

How do we pay peace more than lipservice?

FACTS

- If we don't do something actively to transform our schools, we become co-creators of what we don't want.
- If we don't teach Peace and caring, they don't learn it.
- If we don't teach important things, they learn dangerous things somewhere else...or in automatic pilot.
- Children learn what they see!

The background features a light blue sky with soft, wavy horizontal bands of varying shades of blue. At the bottom, there are rolling green hills in various shades of green, also with a wavy, layered appearance.

That's why I am so
interested
in the TEACHERS!!!

- Let's make a compelling case for change.
- Research best practice.
- Engage and prepare our community.
- Implement a plan.
- Where do we start?

We can only start with ourselves!

- Personal and professional learning for teachers
- Mentoring
- Coaching
- Tailor made teacher training, catering for specific needs
- Teacher support and research groups
- Kaizen feedback

Brilliant topics for in-service training:

- Verbal and non-verbal communication
- Observation skills
- Listening ability and sensory acuity
- How to establish rapport
- Group management
- Conflict resolution
- Goal-setting
- Multisensory teaching, learning styles
- State management through breathing, yoga, mindfulness and soulfulness
- Communication skills
- Leadership
- Among others



Tenderness is something that encourages people to realize that there is something more than oneself and where people are engaged on a deeper level. People need to be able to tap into the feeling at times of stressful disagreement, as any kind of disagreement produces a sentiment where violence is likely to happen.

Becky Thompson

Teaching with Tenderness: Towards an Embodied Practice



Towards a Non-Academic Mastery of the Educators...

**All the skills you don't learn just
by reading manuals...**



HOW?

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**“We can either have what we want
or the reasons why we can’t.”**

Alberto Villoldo, PHD

Principles of POWERFUL LANGUAGE

- You cannot fix what you don't understand
- The words we use influence brain chemistry.
- What is expected tends to be realised. Whatever you focus on, you get more.
- The mind responds to words that make a picture.
- The words we use define ourselves and "label" our students.

- Children's minds don't recognize words like don't, can't, no, not, maybe.
"Don't forget the homework!" "Don't touch!" "Don't spill the milk!"
- Be very specific! use the affirmative.
- Remember they live in the present. They can't project themselves into the future.
"This is going to be useful for your future". So focus on their life today.
- Be careful with: "Group!" "Class!" "Twins!"
- Praise: What I love about you is...
- use: "As you are doing the exercise...", Don't use: "Do the exercise".



Imagine.....

In every kindergarten and primary school children will be taught non-violent communication, so that they learn quickly how to resolve and transform any crisis that arises, such as bullying in the playground.

They teach their parents the skills they have learned. They learn how to recognize when they are in 'fear mind', and how to locate and transform darker emotions like anger, jealousy and anxiety, and how to have the choice and ability to switch to 'love mind' if they so wish.

Children and high school students all learn the value for them of quietness, of slowing their minds, by a regular practice at school before lessons. This enables them to arrive, to 'be here now' – a practice that will serve them their whole lives.

The Dalai Lama says that if every child learns to meditate, war will be wiped out in 30 years.

Imagine an education where every learner awakens to the joys of infinite possibility and is able to discover and communicate with the creative spirit that resides within – a world in which children can learn without fear of failure.

Imagine an education that encourages us to see the linkages between the local and the global, the particular and the universal, the immanent and the transcendent; and education that reveals how every considered choice and action has the power to impact many worlds.

This kind of education would seek not merely to cultivate our intellect but also to integrate and nourish body, mind, soul and spirit so that our lives develop a balance in their ecological, emotional, moral and spiritual aspects.

This kind of Whole Mind education can harness values from the world's diverse cultural and spiritual traditions that are in harmony with nature. It can emphasise self-knowledge and the recognition of the interconnectedness of all things.

The challenges of violence and alienation can be overcome by developing cultures of peace within schools and universities, by recognising the anguish of fellow humans and developing interpersonal skills for transparent communication, including conflict transformation and deep listening.

Whole Mind education has the power to give voice to the voiceless. Education plays a key role in building the world waiting to be born, because we are already able to glimpse an integrative vision that nurtures imagination, creativity and peace.

To harness the great potential of all learners, educational institutes can provide spaces for inspiration and reflection, for the deep investigation and interchange of ideas, for practice in dialogue, and for nourishment of body, mind, soul and spirit.

Dr Meenakshi Gopinath

Make everything you touch better than
how you found it.

Laura Szmuch