



## Profesora Eugenia Dell' Osa

Plan Up  
Glasgow Kindergarten

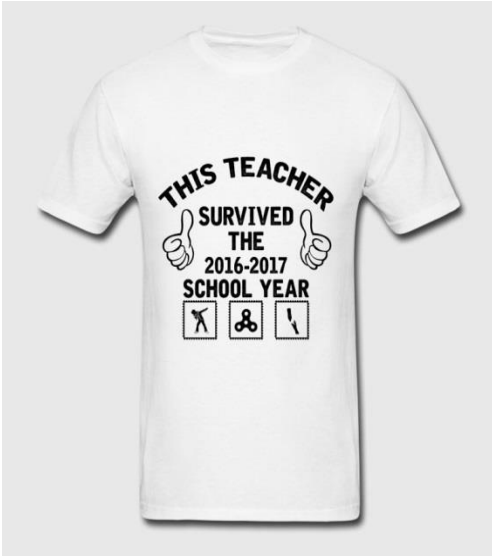
***Your teen students like to say no?  
Give them brain-friendly  
games!***

- What do we mean by brain-friendly?

*We all have the same basic brain structure, but we learn in different ways. If you find a lesson or subject boring or difficult, you may be frustrated at not receiving the information in a form that you can easily process. Do you need to see things before you understand them? Do you like to have a good view of the board in the classroom? You probably have a visual learning style. If you are an auditory learner, it is important for you to hear clearly. You prefer a quiet learning environment, enjoy following discussions and may be good at putting ideas into words. If you prefer moving around to sitting still at a desk for long periods and like to have something in your hands when learning, you have a kinaesthetic preference. All of us have a mixture of visual, auditory and kinaesthetic learning styles. The more styles you use, the easier it is to remember new language.*



- Brain Gym → Brain training IS possible!
- Teaching Tweens & Teens!



- Dabbing Gesture  
RESEARCH WORK  
Other Famous Gestures  
Giving Commands
- Fidget Spinner  
GIVE THEM A LIST OF WORDS  
How many words can they read in one spin?  
VOCABULARY GAME  
Name as many... as you can  
USE IT AS A TIMER
- Bottle Flipping  
SPEAKER'S CORNER  
Expressing their own opinion about this game.  
PERSUASIVE WRITING

- Brain Teasers

SAY THE COLOUR (not the word)

**YELLOW BLUE ORANGE**  
**BLACK RED GREEN**  
**PURPLE YELLOW RED**  
**ORANGE GREEN BLACK**  
**BLUE RED PURPLE**  
**GREEN BLUE ORANGE**

WHERE WOULD YOU PLACE 4 & 9?

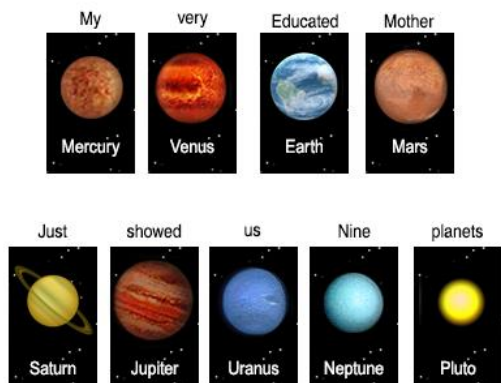
8, 11, 15, 5, 14, 1, 7, 6, 10, 13, 3, 12, 2

MUM'S SONG → Teens write their own version.

<https://www.youtube.com/watch?v=CXgoJ0f5EsQ>

- Mnemonics

Their  
 There



**Not Every Cat Eats Sardines. Some Are Really Yummy. ??????**  
**A Rat In The House May Eat The Ice Cream. ??????**

Can you think of more?

- Games

TABOO - Don't say IT

Explain how to make pizza.	Describe an airplane.	Describe fireworks.
List the things in your bag.	Describe what you do on a hot day.	Tell what you had for breakfast.
Describe the best meal you've ever had.	Compare a bicycle to a car.	Explain what your favorite movie is about.

- Writing / Literature

WHO, WHAT, WHEN, WHERE AND WHY? **DICE**

CREATE A STORY / CHECK COMPREHENSION

- Characters
- Setting (Time/Place)
- Conflict
- Solution

Thank you!!!

Eugenia

Feel free to contact me.

[plan.up.educational.advisor@gmail.com](mailto:plan.up.educational.advisor@gmail.com)

Facebook: PlanUp.EducationalAdvisor

**Conclusion**

- Brain-Friendly?
- Brain Gym
- Teens Nowadays - What's on fashion!
- Brain Teasers
- Mum's Song
- Mnemonics
- Writing / Literature

**PLAN UP**  
EDUCATIONAL ADVISOR

## Brain-Friendly Games for Teens!

by Euge Dell'Osa

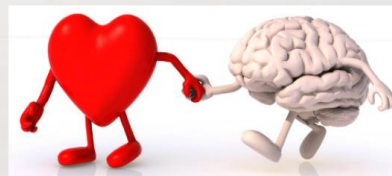
### • What do we mean by brain-friendly?

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All of us have a mixture of visual, auditory and kinaesthetic learning styles. The more styles you use, the easier it is to remember new language.



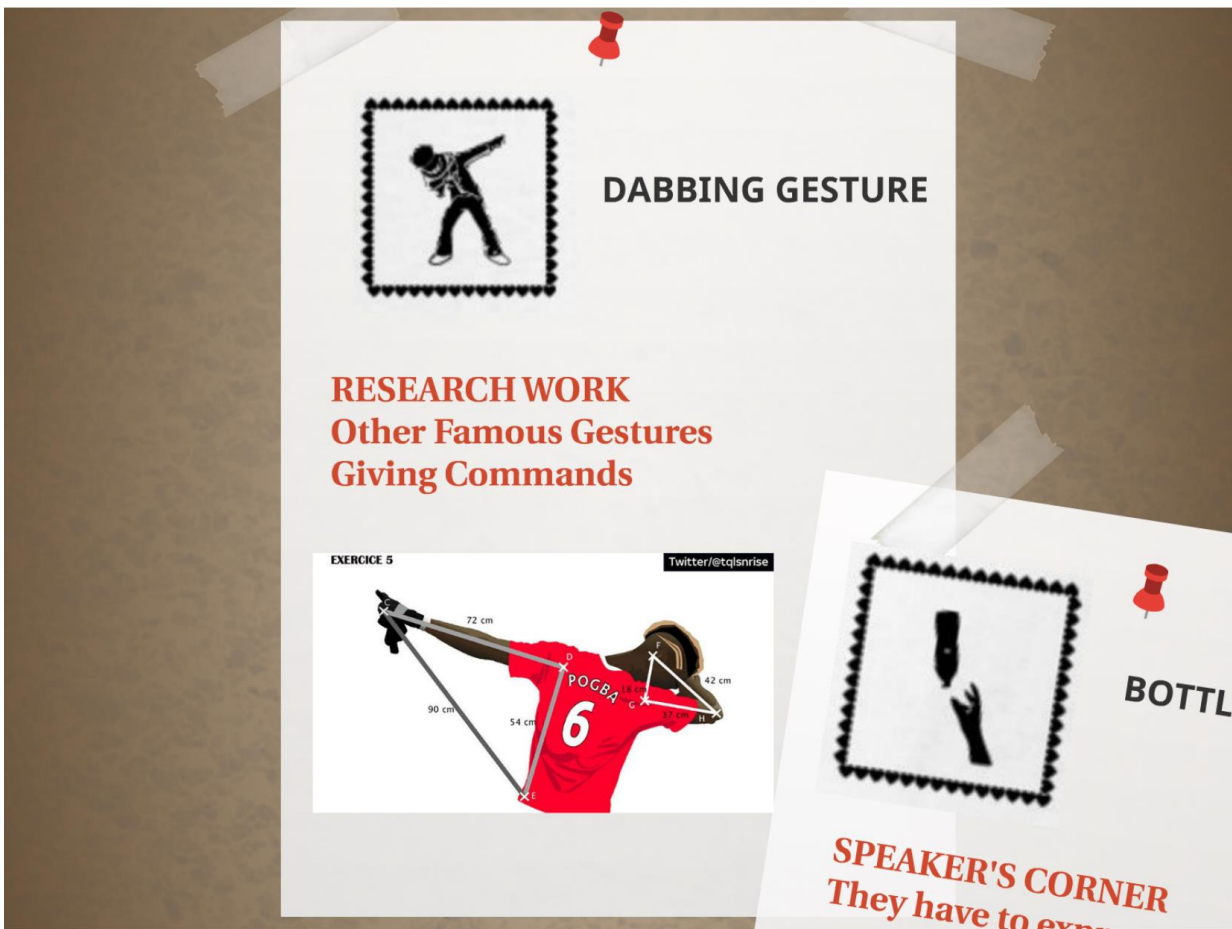
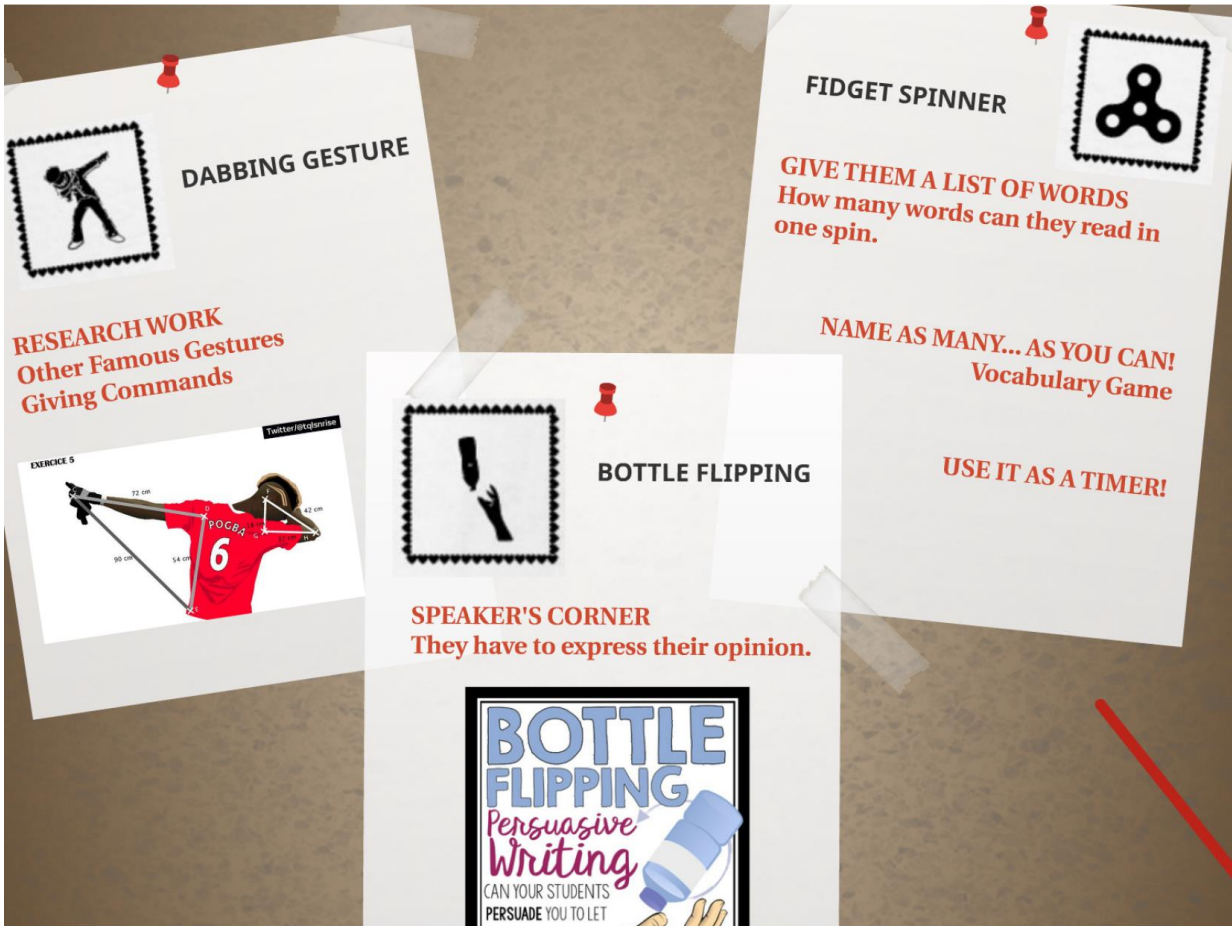
**Brain Training is Possible!**





## Teaching Tweens and Teens





**FIDGET SPINNER**



**GIVE THEM A LIST OF WORDS**  
How many words can they read in one spin.

**NAME AS MANY... AS YOU CAN!**  
Vocabulary Game

**USE IT AS A TIMER!**

**BOTTLE FLIPPING**

**BOTTLE FLIPPING**

**USE**

**SPEAKER'S CORNER**  
They have to express their opinion.

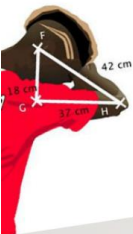
**BOTTLE FLIPPING**

*Persuasive Writing*

CAN YOUR STUDENTS  
PERSUADE YOU TO LET  
THEM KEEP FLIPPING?



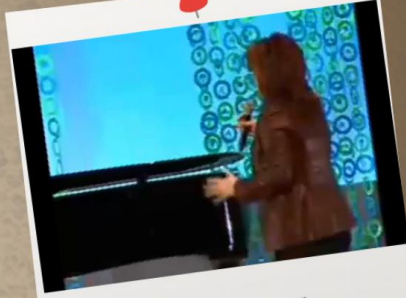
Twitter/@tqsnrise





YELLOW BLUE ORANGE  
BLACK RED GREEN  
PURPLE YELLOW RED  
ORANGE GREEN BLACK  
BLUE RED PURPLE  
GREEN BLUE ORANGE

SAY THE COLOUR  
(not the word)



Mum's Song!

8, 11, 15, 5, 14, 1, 7, 6, 10, 13, 3, 12, 2

Where would you place  
numbers 4 & 9?

YELLOW BLUE ORANGE  
BLACK RED GREEN  
PURPLE YELLOW RED  
ORANGE GREEN BLACK  
BLUE RED PURPLE  
GREEN BLUE ORANGE

SAY THE COLOUR  
(not the word)



8, 11, 15, 5, 14, 1, 7, 6, 10, 13, 3, 12, 2

Where would you place  
numbers 4 & 9?

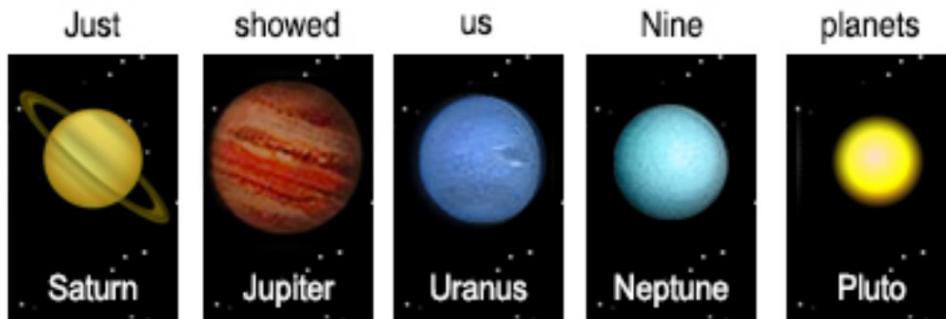


Mum's Song!

## Vocabulary - Mnemonics

A mnemonic is a tool to help remember facts or a large amount of information. It can be a song, rhyme, acronym, image, or a phrase to help remember a list of facts in a certain order.

Their  
There



Their  
There

**TABOO**  
You cannot say IT

- Explain how to make pizza.
- Describe an airplane.
- Describe fireworks.
- Tell what you had for breakfast.
- List the things in your bag.
- Describe what you do on a hot day.
- Describe the best meal you've ever had.
- Compare a bicycle to a car.
- Explain what your favorite movie is about.

**Writing / Literature**

**CREATE A GROUP STORY**  
Elements in the Story...

- Characters
- Setting
  - Time
  - Place
- Conflict
- Solution

**CHECK A COMPREHENSION**  
Elements in the Story...

- Characters
- Setting
  - Time
  - Place
- Conflict
- Solution



**TABOO**  
**You cannot say IT**

Explain how to make pizza.  
Describe an airplane.  
Describe fireworks.

Tell what you had for breakfast.  
List the things in your bag.  
Describe what you do on a hot day.

Describe the best meal you've ever had.  
Compare a bicycle to a car.  
Explain what your favorite  
movie is about.

**Writing / Literature**

**CREATE A GROUP STORY**

**Elements in the Story...**

- Characters
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**CHECK A COMPREHENSION**

**Elements in the Story...**

- Characters
- Setting
  - Time
  - Place
- Conflict
- Solution

# Conclusion

- Brain-Friendly?
- Brain Gym
- Teens Nowadays - What's on fashion!
- Brain Teasers
- Mum's Song
- Mnemonics
- Writing / Literature

"You Have  
Made a  
Difference"

"You Have  
Made a  
Difference"

**Conclusion**

- Brain-Friendly?
- Brain Gym
- Teens Nowadays - What's on fashion!
- Brain Teasers
- Mum's Song
- Mnemonics
- Writing / Literature

**DABBING GESTURE**

**RESEARCH WORK**  
Other Famous Celebrities Giving Commands

**BOTTLE FLIPPING**

**SPEAKER'S CORNER**  
They have to express their opinion.

**FIDGET SPINNER**

**NAME AS MANY... AS YOU CAN!**  
Vocabulary Game

**USE IT AS A TIMER!**

**Mum's Song!**

**SAY THE COLOUR (and the word)**

**Where would you place numbers 4 & 6?**

**What do we mean by brain-friendly?**

We all have the same basic brain structures, but we learn in different ways.

All of us have a mixture of verbal, auditory and kinesthetic... learning styles. The more styles you use, the more likely to remember, read, long etc.

**Brain Teasers: Possible!**

**PLAN UP EDUCATIONAL ADVISOR**

# Brain-Friendly Games for Teens!

by Euge Dell'Osa